

# **FAQ's for Explant Surgery**

We appreciate you taking the time to research and ask questions to ensure a proper explant of full implant and capsule through **EnBloc & Total Capsulectomy**.

# **Explant:**

- 1. Dr. Morimoto is a board-certified plastic surgeon. She has hospital privileges at MultiCare Valley Hospital and Providence Sacred Heart Hospital. She had held professional staff privileges since 2005 at both hospitals.
- 2. Dr. Morimoto has been performing enbloc and total capsulectomies for over 15 years and has performed hundreds of these procedures. She performs enbloc/total capsulectomy surgeries weekly and is known to be an expert. She is committed to total implant/capsule removal.
- 3. The procedure is scheduled for 3 hours. Should the surgery take longer, the hospital and anesthesia group may bill for the extra time. Dr. Morimoto will not charge more than the quoted amount given. The entire capsule, that is medically safe to remove, will be removed.
- 4. Dr. Morimoto prefers to keep only essential personnel in her operating room.
- 5. Your incision for removal is usually through the inframammary fold (IMF) unless otherwise discussed. Enbloc incisions are typically larger to allow for the entire capsule/implant removal. The incision size is also relative to the implant size. Ask Dr. Morimoto about the size of the incision she expects in your case.
- 6. Typical anesthesia used consist of IV fentanyl and propofol. IV anti-inflammatory (Decadron), anti-nausea (Zofran) and IV antibiotic (Ancef) medications are also administered. In addition, a gas (Sevoflurane) is administered to assist with the IV medications for general anesthesia. If you have specific questions about anesthesia, we encourage you to call the group performing your anesthesia. See the contact information on the last page. Anti-inflammatory steroids suppress the immune system. If you have a weakened immune system, these may not be necessarily helpful to a quick recovery. Talk to your anesthesiologist if you have concerns.
- 7. Dr. Morimoto uses cauterization techniques for her enbloc and total capsulectomy procedures. Cauterization controls bleeding during the procedure.
- 8. If you would like the capsule swabbed for additional testing, please let Dr. Morimoto know at the hospital before surgery. If a fungus is identified by pathology, then antifungal medication may be prescribed.
- 9. Opioids are generally prescribed for use after surgery to control pain. We recommend the use of stool softeners taken with the pain medications to avoid constipation.
- 10. Dr. Morimoto takes pride in examining the capsule after the implant and capsule are removed to look for masses, cysts or other abnormalities before she closes the incision. The incision is closed using vicryl and monocryl sutures unless an allergy is noted. Steri-strips are applied as added support. Cotton gauze is applied over the steri-strips, held in place with kerlix wrap and then a compression bra is applied by hospital staff. Please identify

any known sensitivities or allergies to <u>any</u> material prior to surgery so steps may be taken to avoid any such material coming into contact with your body.

11. Drains are left in place after surgery to allow for fluid drainage and prevent fluid build-up. Drains are held in place by a stitch to be removed by our office staff once daily drainage reaches a level of less than 30cc/24 hours per drain for two consecutive days. Drains are usually in place on average from 1-3 weeks. You will receive instructions in your surgery packet about drains and their care.

# Pathology, Pictures and Implant Disposition:

- 1. It is standard for any breast tissue to be sent for pathology. The cost for laboratory testing is NOT included in your quote. You will receive separate billing from the laboratory. The laboratory will differ depending on the hospital where your procedure is done. See last page for contact information. Standard testing is done for abnormal cell results. If the pathologist identifies any cell or cell pattern that may need further examination by other test and methods, the pathologist will request specific additional testing. A specific type of lymphoma ALCL grows cohesively in a specific pattern that is recognized by the pathologist during this examination. If this pattern is identified in the tissue sample, the pathologist may request a CD-30 if he/she determines it is necessary. If you request additional swabbing and testing, there will be additional charges from the laboratory. If you have textured polyurethane implants (saline or silicone) you may request the CD30 test for ALCL testing to be done (although the pathologist will be able to identify potential ALCL cells during the standard examination and will request additional testing if indicated). Call the laboratory for pricing information.
- 2. If you have a rupture and there is silicone spillage and contamination, Dr. Morimoto will do her best to remove as much of the material as possible.
- 3. Photos of implants and capsules are provided at your request.
- 4. You may request to have your implants returned to you after surgery so that you can observe the appearance, have record of the labeling, identifying marks or serial numbers. The hospital will rinse the implants and have them available for pick up after surgery. If you do not give specific instructions about your implants, the hospital will dispose of them after surgery and you will not have access to them. Our office will not return your implants to the manufacturer without your specific consent and request.

### **Post-Surgery Related Questions:**

- 1. You will receive specific pre-op AND post-op instructions in your Surgery Packet from our office before surgery. If you have questions about the instructions, please ask. You may request these forms early and they will be sent to you per your request.
- 2. Healing time is different for each patient. Drains are typically removed before the 3-week post op appointment but depends on the output of the drains. Call our office when drain output reaches a level of less than 30cc/24 hours per drain for two consecutive days. The average length of time your drains will be in is 1-3 weeks. Steristrips are removed at the first post-op visit 3 weeks after surgery.
- 3. We will provide photos of your implants and capsule at your request. Your medical records belong to you and we will provide you with copies of any part of your record at no charge.

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- Dr. Morimoto believes that patients may have chronic illness due to implants, but at this time it is not something
  that can be substantiated by available testing, therefore Medical Records will only contain a list of symptoms
  experienced by the patient and that explant was performed with dates of service and any supporting pathology
  reports.
- 2. At this point, enbloc and total capsulectomy are considered a cosmetic procedure and usually not covered by insurance. Our office will not bill your insurance carrier for this procedure.
- 3. Dr. Morimoto performs breast augmentation and she recommends non-textured implants to her patients as they are considered the safest implants. We give our augmentation patients a brochure before augmentation surgery outlining possible complications and adverse outcomes due to breast implantation.

#### **Contact List:**

Anesthesia Associates Employed by MultiCare Valley Hospital (888) 900-3788

Cellnetix Laboratory (509) 252-6652

Dr. Kai Morimoto Office (509) 315-4415

MultiCare Valley Hospital (Financial) (509) 473-5501

### **Breast Implant Illness Related Links:**

American Society of Plastic Surgeons https://www.surgery.org/media/resources

### FDA Risks of Breast Implants

 $\underline{https://www.fda.gov/MedicalDevices/Products and MedicalProcedures/Implants and Prosthetics/BreastImplants/ucm064106}.\underline{htm}$ 

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