



Breast Implant Illness Signs and Symptoms

Name: _____ Date: _____

We would like to follow your symptoms before and after **Explant (ENBLOC)** surgery. Please check all the symptoms that you are **CURRENTLY** experiencing:

Before Explant **After Explant**

- | | | |
|--------------------------|--------------------------|---------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Fatigue or chronic fatigue |
| <input type="checkbox"/> | <input type="checkbox"/> | Cognitive dysfunction (brain fog, difficulty concentrating, word retrieval, memory loss) |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscle aches, joint pain, and/or weakness |
| <input type="checkbox"/> | <input type="checkbox"/> | Hair loss |
| <input type="checkbox"/> | <input type="checkbox"/> | Dry skin, eyes, mouth, hair |
| <input type="checkbox"/> | <input type="checkbox"/> | Weight gain or weight loss |
| <input type="checkbox"/> | <input type="checkbox"/> | Easy bruising and slow healing of wounds |
| <input type="checkbox"/> | <input type="checkbox"/> | Temperature intolerance |
| <input type="checkbox"/> | <input type="checkbox"/> | Low libido |
| <input type="checkbox"/> | <input type="checkbox"/> | Ringing in the ears |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart palpitations |
| <input type="checkbox"/> | <input type="checkbox"/> | Shortness of breath |
| <input type="checkbox"/> | <input type="checkbox"/> | Metallic taste in the mouth |
| <input type="checkbox"/> | <input type="checkbox"/> | Oral thrush (white tongue) |
| <input type="checkbox"/> | <input type="checkbox"/> | Night sweats |
| <input type="checkbox"/> | <input type="checkbox"/> | Skin rashes |
| <input type="checkbox"/> | <input type="checkbox"/> | Insomnia |
| <input type="checkbox"/> | <input type="checkbox"/> | Estrogen/progesterone imbalance, diminishing hormones, or early menopause |
| <input type="checkbox"/> | <input type="checkbox"/> | Swollen and tender lymph nodes in the breast area, underarms, throat, neck, or groin |
| <input type="checkbox"/> | <input type="checkbox"/> | Tingling or numbness in the arms and legs |
| <input type="checkbox"/> | <input type="checkbox"/> | Burning pain around the chest wall or breasts |
| <input type="checkbox"/> | <input type="checkbox"/> | Cold and discolored hands and feet |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscle twitching |
| <input type="checkbox"/> | <input type="checkbox"/> | Vertigo |
| <input type="checkbox"/> | <input type="checkbox"/> | Fevers |
| <input type="checkbox"/> | <input type="checkbox"/> | Dehydration |
| <input type="checkbox"/> | <input type="checkbox"/> | Frequent urination |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic neck and back pain |
| <input type="checkbox"/> | <input type="checkbox"/> | Photosensitivity |
| <input type="checkbox"/> | <input type="checkbox"/> | Nail changes (cracking, splitting, slow growth, etc.) |
| <input type="checkbox"/> | <input type="checkbox"/> | Skin freckling, pigmentation changes or an increase in papules (flesh colored raised bumps) |
| <input type="checkbox"/> | <input type="checkbox"/> | Edema (swelling) around eyes |
| <input type="checkbox"/> | <input type="checkbox"/> | Premature aging |
| <input type="checkbox"/> | <input type="checkbox"/> | Decline in vision or vision disturbances |
| <input type="checkbox"/> | <input type="checkbox"/> | Slow muscle recovery after activity |
| <input type="checkbox"/> | <input type="checkbox"/> | Liver and kidney dysfunction |
| <input type="checkbox"/> | <input type="checkbox"/> | Gastrointestinal and digestive issues |
| <input type="checkbox"/> | <input type="checkbox"/> | Sudden food intolerances and allergies |
| <input type="checkbox"/> | <input type="checkbox"/> | Unexplained nausea/vomiting |
| <input type="checkbox"/> | <input type="checkbox"/> | Smell or chemical sensitivities |
| <input type="checkbox"/> | <input type="checkbox"/> | New or persistent infections – viral, bacterial, and/or fungal (candida) |
| <input type="checkbox"/> | <input type="checkbox"/> | Reoccurring sinus, yeast, and UTI infections |
| <input type="checkbox"/> | <input type="checkbox"/> | Throat clearing, cough, difficult swallowing, and choking feeling |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic inflammation |
| <input type="checkbox"/> | <input type="checkbox"/> | Headaches, dizziness, and migraines |
| <input type="checkbox"/> | <input type="checkbox"/> | Mood swings, emotional instability |
| <input type="checkbox"/> | <input type="checkbox"/> | Depression, Anxiety, panic attacks |

Other, please list: _____